

Working with Young People



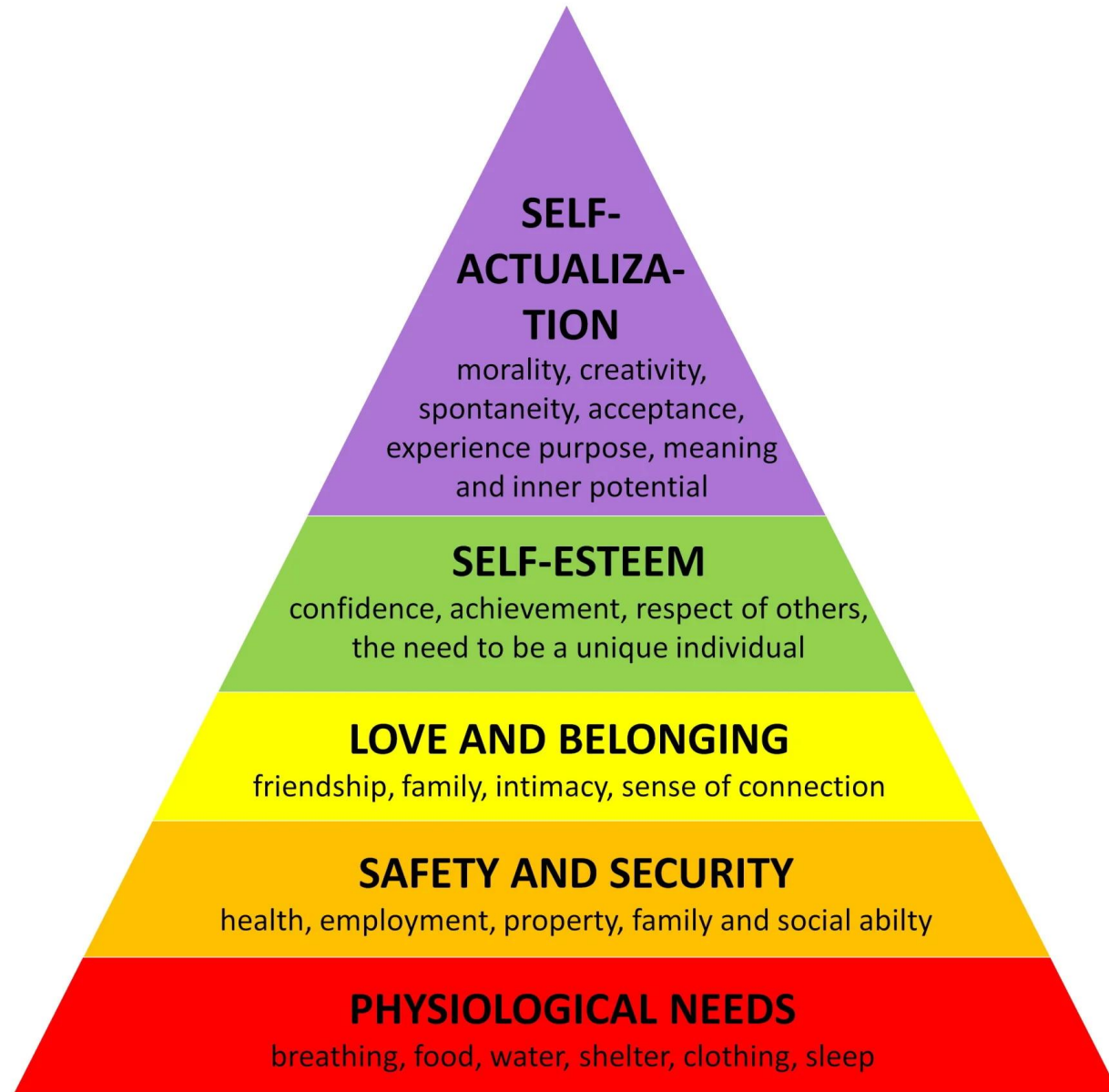
NEWARK &
SHERWOOD
DISTRICT COUNCIL

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Working with young people in **horticultural activities** builds essential life skills, improves wellbeing, and fosters environmental stewardship through hands-on, engaging activities.





**WHY ?
WHAT ?
WHERE ?**

Who are our young people, and activities to engage

- ▶ KS1
- ▶ KS2
- ▶ Teenagers
- ▶ SEND (0-25)
- ▶ Vulnerable adults



Activities, Tools, Engagement

- ▶ Sowing
- ▶ Digging
- ▶ Raking
- ▶ Mulching / manure
- ▶ Pruning
- ▶ Grafting
- ▶ Tasting / sensory
- ▶ Cooking
- ▶ Carving
- ▶ Knots
- ▶ Willow Craft
- ▶ Pricking out
- ▶ Maintenance
- ▶ Picking
- ▶ Composting
- ▶ Planting

Planning, Differentiation, Engagement

- ▶ Know your group
- ▶ Seasonal Activities
- ▶ Time Out / Memories
- ▶ Repetitiveness



FUN, FUN, FUN

WHATEVER THE WEATHER



Safeguarding, Health & Safety

- ▶ Wellbeing
- ▶ Continued access
- ▶ Parent & Child
- ▶ Working in Groups
- ▶ Working as an individual
- ▶ Mixed age groups
- ▶ Photo's / Media

